

**Artist: Izik**

**Title:**

**Waves - Pikake - E Ala E Kahikiku**

Artwork Description

The Mughal Gallery is Doris Duke's former bedroom and features beautifully inlaid semi-precious stone floral arrangements in the private bath area. The incredible talents of singer/songwriter Izik are on full display in this intimate site-specific performance about unfolding self-care, self-love, and self-awareness in order to expand outward into the universe with confidence and grace.

Artist Statement

In 2020, I was forced to sit and be with myself. I found my way back into the ocean by rekindling my love for surfing. On this path, I have seen my body in the sea. I have felt the joy and memories left for me by my kūpuna in pink & purple skies. I learned new ways to be calm and more graceful to myself. I also learned better ways to be angry; how to give and take like the tides. This all led to a deeper connection within and these love songs I've written are written for me. The Mughal Gallery at Shangri La provided a space of connection for me, especially the marble bathroom with the beautiful inlaid botanical designs. An intimate space for reflection and inner work. I create best when alone, in my bedroom, unseen in a singular solitary mode with no distractions. The beauty and intimacy of the marble bathroom was a fitting environment for me to see and honor myself, a reflection of the beauty within. Water in a bath like the ocean washing away fears and insecurities, allowing me to connect with my physical body which leads to deeper connections with my emotional and spiritual bodies is what this process facilitated for me.

The Oli at the end of the performance is about laying down a path, the path of a rainbow greeting the cosmos. This chant is really an opening. An invitation to expand out beyond the physical space of Shangri La. I wanted to include it at the end because this performance is about connecting to self first, loving yourself first, before laying down a path to connect with the outside world. From micro to macro.

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